

Positive Discipline Skills: Using Specific Approaches with Children that Bridge the Gap between Theory and Practice

This presentation will teach specific communication skills to help parents and professionals implement a positive approach to discipline. Nancy will discuss ways to encourage cooperation by giving children choices, expressing clear expectations, setting appropriate limits and keeping messages brief and concrete. She will show us how certain commonly used words and expressions can backfire with children and will offer effective alternatives that work. Her talk is both entertaining and practical and will make us more aware of the enormous power of our words to hurt or to heal.